

FALL SAIL Weekend

Dates:	8- 10 Sep 17	
Location:	Central Alberta Sail Centre (Sylvan Lake)	
Assembly Time/Place:	1800, 8 Sep 17 – First Alliance Church 12345 40 St	
Return Time/Place:	1700, 10 Sep 17 – First Alliance Church 12345 40 St	
Contact Officer:	Lt(N)Sharp	403-680-2403

FRIDAY, 9 Sep 17:

- Uniforms are NOT required for this exercise.
- Please ensure cadets eat supper before coming.
- Cadets will be transported by bus to the Central Alberta Sail Centre.
- Cadets will be accommodated Penhold Air Cadet Summer Training Centre (near Red Deer).

SUNDAY, 10 Sep 17:

- Parent pick up is at First Alliance Church 12345 40 St by 1700 on Sunday.
- Reminder to All Parents: Once your cadet commit to participating in this training, they will be required to complete the weekend. We are committed to the safety of your child above all else and assure you that we will make the decision to suspend training if so dictated by safety considerations. If you have any questions or concerns regarding this exercise please feel free to speak to the contact officer.

Cadets are also reminded that once they sign up for an exercise, their attendance becomes mandatory. Rations and accommodations are ordered and paid for based on the number of people signing up. If you sign up and then don't attend, you are costing the cadet program a great deal of money. In addition to this, you may be depriving another cadet the opportunity to attend if we are restricted in the number of people we can take. For these reasons, cadets who sign up, but do not attend without requesting and receiving leave, in advance, may be subject to disciplinary action. See kit list on the next page for what to pack.

KIT LIST

1. Cadets are required to bring the following items to the sail centre:

Item	Amount
underwear	4 pr
socks, wool	3 pr
socks, sport	2 pr
sweat pants	2 – 3 pr
wind pants	1 pr
T-shirt	4
Sweatshirt	2 – 3
wind jacket	1
ball cap	1
running shoes	2 (1 pr must be able to get wet)
Towel	2
bathing suit	1
Toiletries	as required
Toque	2 ea (must be able to get wet)
Gloves	2 ea (must be able to get wet)

2. In addition, cadets may bring jeans to wear during non-training hours. Cadets are not allowed to wear clothing made of denim during training (becomes heavy when wet and does not dry quickly). For safety reasons, sandals are not appropriate for sail training.
3. Cadets are responsible for any valuables such as ipods, mp3 players, cell phones, jewelry and video games. These items will not be used during training periods.
4. Questions regarding the kit list are to be directed to the CO of the applicable Sail Centre.

RCSCC VICTORIA and Fish Creek Branch Navy League of Canada or the Department of National Defence will not be liable for any lost, stolen, or broken personal items; or

Cadets time will be mostly outdoors and on the water. This kit list is only a guide. Please consider prevailing weather conditions when packing.

Cellular telephones are permitted; however, the cadets must have them turned off during training hours and lights out. Should cadets not follow this rule, their cellular telephone will be confiscated.